



KRTA and AARP Kentucky Working Together 2024-2025

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AARP Kentucky/KRTA Liaison



KRTA AND AARP WORKING TOGETHER

AARP/KRTA Community Service Projects

- Grandparent Essay Contest
- School Supply Drive – over 2,300 bags of supplies collected in 2021

Please include mention of AARP Kentucky alongside KRTA and your unit in press releases/articles mentioning joint projects. We use your publicity to help report up the line.



2024-25 GRANDPARENT ESSAY CONTEST

Purpose

- Honoring the role grandparents play
- Bring attention to number of students being raised by grandparents
- Educate principals and teachers about challenges of these students and grandparents
- Gain community service credit for participation



JUDGING CRITERIA

50% Qualifying characteristics of nominee *as a grandparent*

30% Creativity & Expression

20% Grammar, Form, & Neatness

CONTEST DEADLINES – ENTRIES TO AARP BY THESE DATES

School winners: December 15, 2024

County winners: January 31, 2025

District winners: March 1, 2025

State winner announced at the KRTA Annual Meeting in April 2025.

TECHNICAL REQUIREMENTS

- Original work of the author
- Essay must be written about one and only one grandparent or surrogate grandparent who is alive at the time the essay is written
- **NEW:** Teachers and Schools can choose a handwritten or digitally typed criteria optional requirement for essay submission:
 - a. 300-500 words in length, handwritten in English on one side only on white, lined 8"x11" paper; a copy of the original may be submitted OR*
 - b. 300-500 words in length, digitally typed in English on one side only on white, double-spaced 8"x11" paper; a digital copy may be submitted*
- Include the components of a formal essay, e.g., introduction, supporting points, and conclusion
- Name and school of the author must be written or typed at the end of the essay
- *Remember: teachers must submit school winner form ONLINE (to AARP) in addition to providing a paper form & handwritten essay OR digital typed copy of essay to local RTA*

****Entries must be submitted with an entry form***

****Grandparent Essay Contest information and forms available online:
aarp.org/kygrandparentessaycontest***

AWARDS – Funding of cash awards has increased!

- School winner: Certificate to student each participating school
- County winner: upgraded Certificate with embossed writing/decor
- District winner: Plaque and \$100 award (*\$50 increase from past years*)
- State winner: Plaque, \$500 award, expense paid trip to KRTA Convention for state winner & grandparent (*\$400 increase, plus increased travel funds for grandparent*)
- \$500 for winning student's teacher for school supplies (*\$350 increase*)
- Two \$250 drawings for school supplies for all participating teachers (*\$350 increase*)



CAREGIVING

AARP is fighting to help seniors live independently and for the family caregivers who make it possible for them to stay in their homes. Visit [aarp.org/caregiving](https://www.aarp.org/caregiving).

- Kentucky Family Caregivers Act
- Prepare to Care Presentations

Have a question about caring for a loved one? Call AARP's toll-free family caregiving resource line: **1-877-333-5885**.



FIGHTING FOR YOUR HEALTHCARE

AARP will fight for legislation that:

- Protects and improves Medicare's and Social Security benefits and financing;
- Provides access to affordable quality coverage;
- Prevents insurers from engaging in discriminatory practices;
- Lowers prescription drug costs;
- Provides new incentives to expand home and community-based services and supports for family caregivers; and
- Strengthens efforts to fight fraud, waste, and abuse.



FRAUD WATCH NETWORK

AARP continues its national campaign to fight fraud and ID theft and give you access to information about how to protect yourself and your family. Visit aarp.org/fraudwatchnetwork

- The latest FTC report shows there were 33,340 fraud, identity theft, and consumer complaints in Kentucky totaling \$48M.
- You can sign up to receive biweekly alerts from the AARP Fraud Watch Network. Text FWN to 50757. Message and data rates may apply.
- If you or someone you know has been a victim of fraud, contact: **877-908-3360**.



VETERANS & MILITARY FAMILIES

AARP has a long history of supporting Veterans, Military, and their families, including more than six million who are AARP members today.

New: Home Modification Benefits Guide: Connecting veterans, military families with financial assistance programs to modify their homes.

AARP is making its free resources quick and easy to access at [aarp.org/veterans](https://www.aarp.org/veterans).



LIVABLE COMMUNITIES / AGE-FRIENDLY

AARP Livable Communities supports neighborhoods, towns, cities and rural areas to be great places for people of all ages. AARP believes that communities should provide safe, walkable streets; age-friendly housing and transportation options; access to needed services; and opportunities for residents of all ages to participate in community life. Visit aarp.org/livable

Age-Friendly Communities in Kentucky

AARP staff and volunteers are working across the nation to engage and mobilize communities, share expertise, and deliver technical assistance to towns, cities, counties and states.

- Bowling Green
- Lexington
- Louisville
- Owensboro/Daviess County
- Woodford County



2024 KENTUCKY GENERAL ASSEMBLY: UPDATE MAKING LIFE MORE AFFORDABLE

- \$10,000,000 more each fiscal year for the expansion of the Senior Nutrition Assistance Program.
- 250 slots (first fiscal year) and 500 slots (next fiscal year) for Home and Community Based Service Waivers.
- 125 slots-(first fiscal year) and 250 slots (next fiscal year) for Supports for Community Living.
- Increased the nursing home residents' Personal Needs Allowance from \$40 a month to \$60 a month per person.
- \$1,444,600 increase for the Long-Term Care Ombudsman program.
- Increasing monthly Personal Needs Allowance for Medicaid recipients in nursing homes from \$40 to \$60.
- Prohibiting some predatory real-estate fee agreements for consumers.



Sign-up for legislative updates & more: aarp.org/getinvolved



STAYING CONNECTED

Governor Andy Beshear: 1-502-564-2611

Facebook.com/GovAndyBeshear

Twitter: @GovAndyBeshear

Toll-free Legislative Message Line:

1-800-372-7181 • TTY 1-800-896-0305

Find Your Representatives

Online: [legislature.ky.gov/Legislators/
Pages/default.aspx](http://legislature.ky.gov/Legislators/Pages/default.aspx)



SPEAKER REQUEST

Contact AARP to schedule a virtual or in-person guest presenter by calling 1-866-295-7275 (toll-free) or by emailing kyaarp@aarp.org.

There are presentations on fraud, family caregiving, Brain Health, Social Security, Medicare and legislative issues. Visit states.aarp.org/kentucky/request-free-speaker-group to read about the topics.

All requests are approved based on speaker availability, location and group size. Although there is no charge for providing the speaker, attendance at your event should be 25 or more people.

Speaker requests should be submitted four weeks in advance.

VOLUNTEER

Interested in learning more about ways to volunteer with **AARP Kentucky**?

- Speaker's Bureau
- Community Teams
- Rural Outreach Team
- Events (Booths, Tabling, Engagements, FUN!)

Contact: **Daniel Roe**, *Advocacy & Community Engagement Manager*
Email: droe@aarp.org Phone: **502-361-2624**



STAYING CONNECTED

Website: aarp.org/ky

Facebook.com/AARPKentucky

X (Twitter): @AARPKY

Instagram: @AARPKentucky

YouTube: @AARPKY

Toll-free: 1-866-295-7275

Email kyaarp@aarp.org

When you join AARP, you also become a member of NRTA. Just call the membership number on the back of your card and ask to have NRTA added to the card.



LAST, BUT NOT LEAST...

Thank you, RTA Presidents.

Your continued support of AARP Kentucky
makes our shared mission and community
service possible.