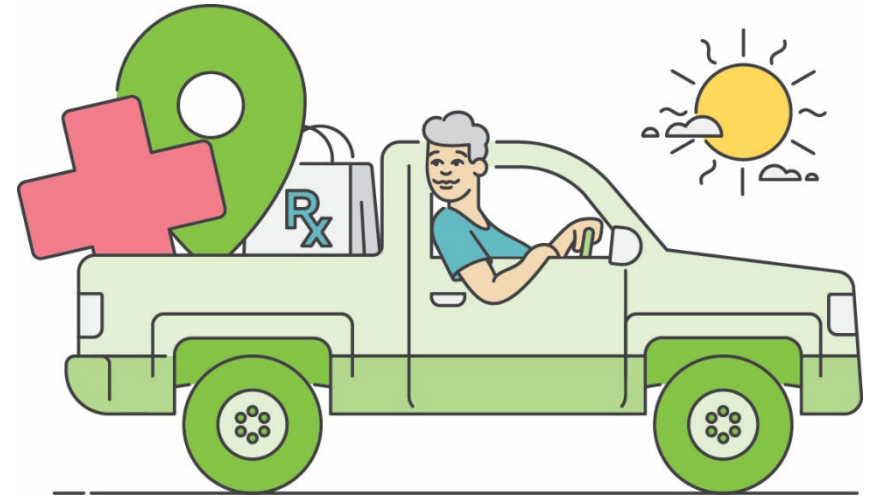


Bringing Humana to You

Humana Group Medicare Employer Plan

TRS of KY
2026 Medicare Advantage Plan

Humana®

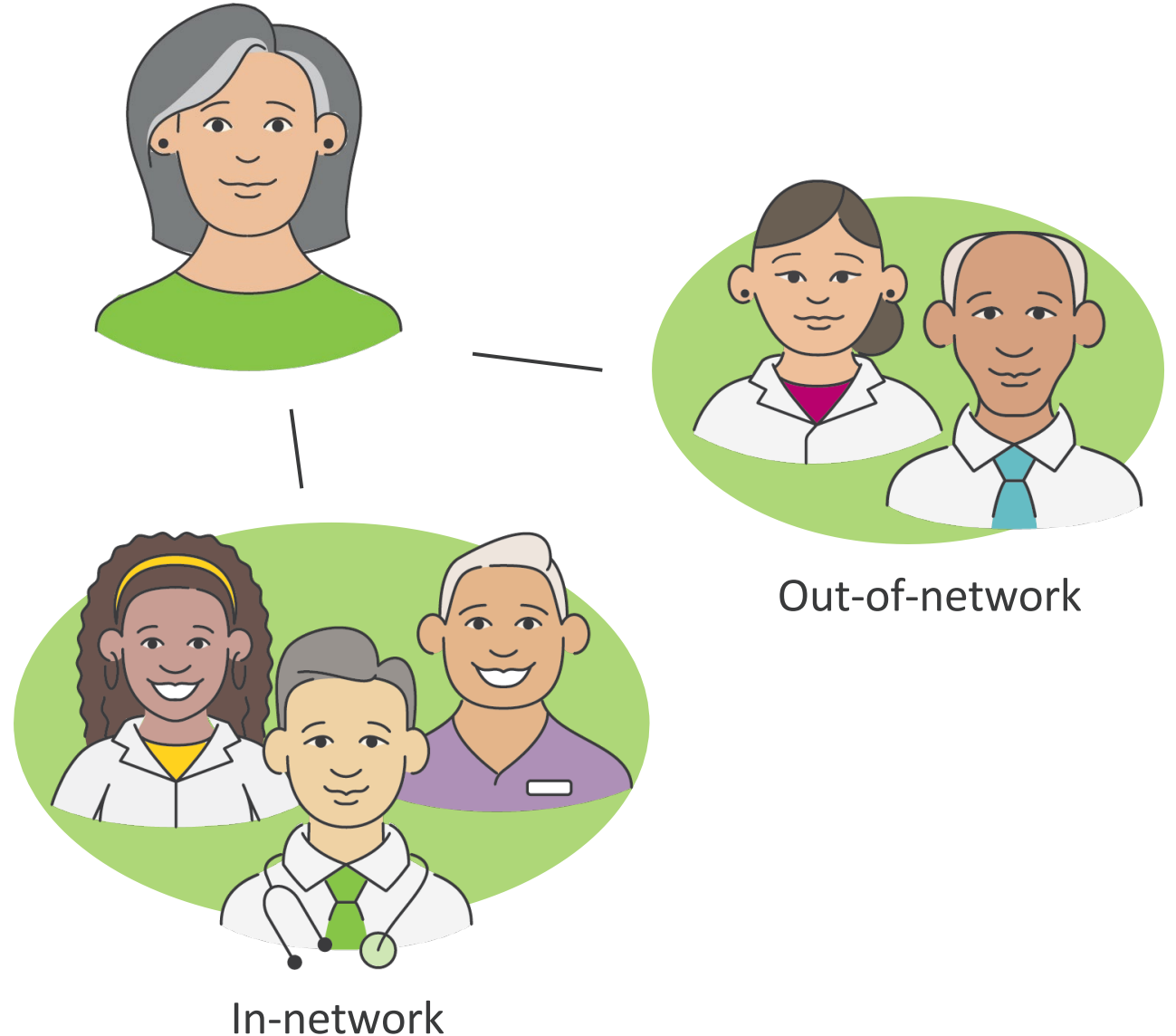


Medicare Part C

Medicare Advantage plan

Preferred Provider Organization

- A network of providers, specialists and hospitals to choose from
- No referrals required
- Preventative care is covered at 100%
- Worldwide emergency coverage
- **Cost share is the same** for care from both in- and out-of-network providers



Your 2026 TRS PPO benefits

Your PPO plan

Annual deductible	\$150
Annual maximum out-of-pocket	\$1,200

Hospital care

Outpatient hospital visits	4% of the cost
Inpatient hospital	\$200 per admit

Physician and facility services

Primary care provider	4% of the cost
Specialist	4% of the cost
Durable medical equipment	4% of the cost

Emergency services

Emergency room care	\$120 copay for Medicare-covered emergency room visit(s)
Urgent care center	\$25 copay

Additional benefits included in your PPO plan*

Hearing services (TruHearing):

\$0 copay for routine hearing exam up to 1 per year

\$500 max benefit coverage for hearing aid(s) (all types) up to 1 per ear, every 3 years

Vision Services (EyeMed):

\$0 copay for routine vision exam up to 1 per year

Personal Emergency Response System (Lifeline):

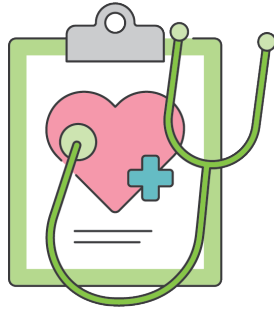
\$0 copay for covered device



*Please refer to the Summary of Benefits for additional details.

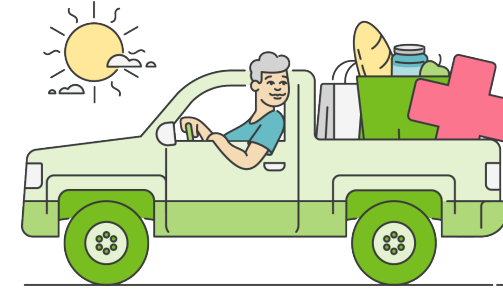
The Humana Difference

Medicare Advantage provides additional support, included in your plan



Clinical support

- In-home health assessment
- Receive **\$50 Walmart Gift Card** when you complete a visit with **Signify Health**
- Education and resource support
- Care management for eligible members



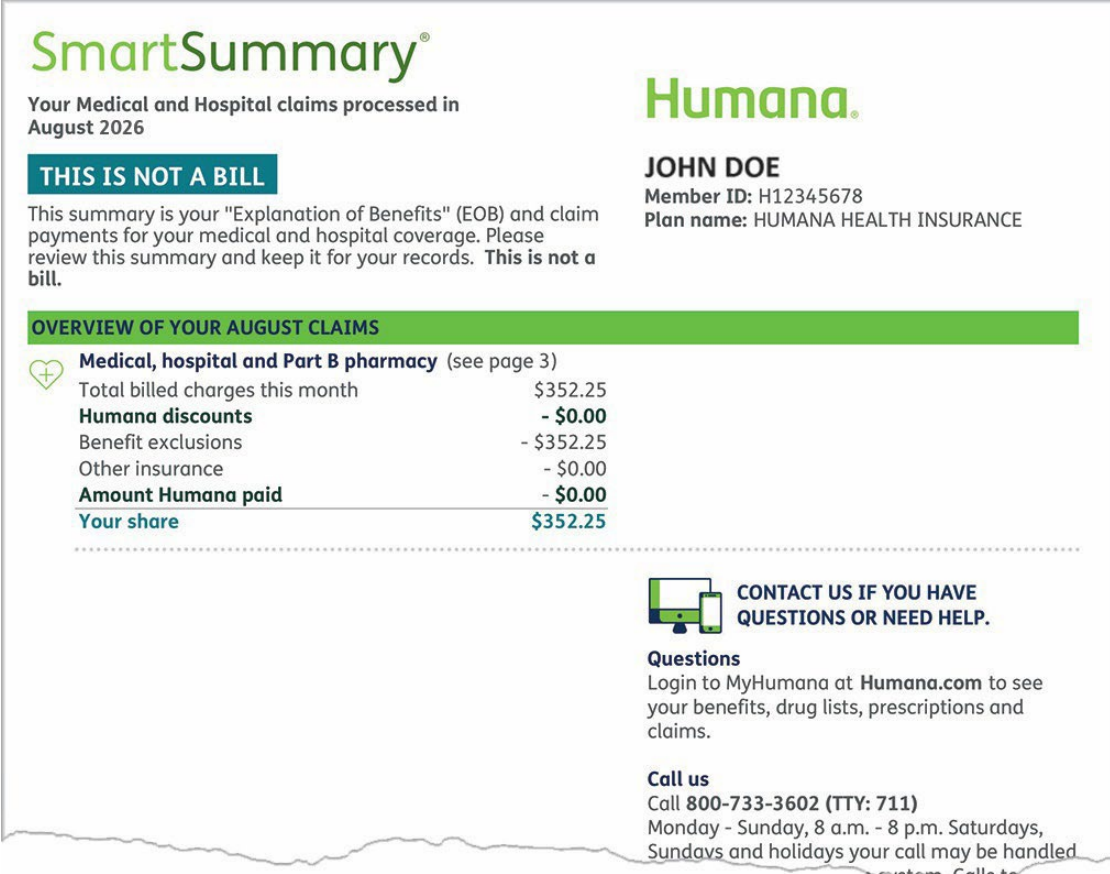
Post-hospitalization support

- Post-discharge personal home care
 - Up to 8 hrs of support with clinical care
- Post-discharge transportation
 - 12 one-way trips, up to 50 miles per trip
- Post-discharge meal program
 - 2 per day for 14 days

SmartSummary

Your personalized benefits statement

- Comprehensive overview of your health benefits and healthcare spending
- Statement sent each month after you've had a claim
- View statements anytime on MyHumana
- Go Green via MyHumana if you prefer electronic delivery



The image shows a mockup of a SmartSummary document. At the top left, it says "SmartSummary" in green, followed by "Your Medical and Hospital claims processed in August 2026". At the top right is the Humana logo. Below the logo, it says "JOHN DOE", "Member ID: H12345678", and "Plan name: HUMANA HEALTH INSURANCE". A blue box with white text says "THIS IS NOT A BILL". Below that, a paragraph explains that this is an Explanation of Benefits (EOB) and claim payment statement, not a bill. A green bar with white text says "OVERVIEW OF YOUR AUGUST CLAIMS". Below this is a table with a heart icon and a plus sign in a circle. The table lists: "Medical, hospital and Part B pharmacy (see page 3)", "Total billed charges this month \$352.25", "Humana discounts - \$0.00", "Benefit exclusions - \$352.25", "Other insurance - \$0.00", "Amount Humana paid - \$0.00", and "Your share \$352.25". To the right of the table, there is a section with a mobile phone icon and the text "CONTACT US IF YOU HAVE QUESTIONS OR NEED HELP." Below this are sections for "Questions" (login to MyHumana at Humana.com) and "Call us" (800-733-3602, TTY: 711, Monday-Sunday 8 a.m. - 8 p.m., Saturdays, Sundays and holidays handled by a different system).

SmartSummary[®]
Your Medical and Hospital claims processed in August 2026


Humana.

JOHN DOE
Member ID: H12345678
Plan name: HUMANA HEALTH INSURANCE


THIS IS NOT A BILL

This summary is your "Explanation of Benefits" (EOB) and claim payments for your medical and hospital coverage. Please review this summary and keep it for your records. **This is not a bill.**

OVERVIEW OF YOUR AUGUST CLAIMS

 **Medical, hospital and Part B pharmacy** (see page 3)

Total billed charges this month	\$352.25
Humana discounts	- \$0.00
Benefit exclusions	- \$352.25
Other insurance	- \$0.00
Amount Humana paid	- \$0.00
Your share	\$352.25

 **CONTACT US IF YOU HAVE QUESTIONS OR NEED HELP.**

Questions
Login to MyHumana at [Humana.com](https://www.humana.com) to see your benefits, drug lists, prescriptions and claims.

Call us
Call **800-733-3602 (TTY: 711)**
Monday - Sunday, 8 a.m. - 8 p.m. Saturdays, Sundays and holidays your call may be handled by a different system. Calls to...

Manage your Humana plan online

Get your personalized health information on the MyHumana mobile app*

Depending on your plan, you can use the MyHumana mobile app to:

- Explore coverage and benefit details the moment you need them
- Get Humana member ID cards and add them to your phone's wallet
- Find care close to you and get directions on your phone's map app
- Review claims status
- Access your exclusive member discounts



Go365 Group Medicare Earnable Rewards




2026


Maximum Earnable Rewards*


Up to \$255

Prevention	
Flu vaccination	\$5
Annual Wellness Visit	\$25
Mammogram	\$30
Colonoscopy	\$55
Diabetic bundle: (Complete all 4 screenings for \$40 reward) Kidney urine test, Kidney blood test, Hemoglobin HbA1c test, Diabetic eye exam	\$40
NEW! Bone density	\$20
NEW! Complete the Medication usage survey**	\$10
Health Education & Mental Well-being	
Update and/or confirm communication preferences in Go365 for existing members	\$10
Social and health education: Attend a health education or art class, participate in an athletic event, social club, or religious gathering or event	
NEW! Mental health activity**	
Exercise and Fitness	
NEW! Personalize your fitness journey on Go365.com**	\$60
Complete minimum of 12 workouts per month, tracked via SilverSneakers®, fitness device, online or paper-based tracker (minimum of 5000 steps/day). Other physical activities may include golfing, swimming, Zumba, yoga, strength training, etc.	

Go365 by Humana® is our wellness program that rewards you for making healthier choices.

-  **It's easy.** You're already enrolled! Just start participating in eligible activities.

-  **It's personal.** When you log in to your account, Your Next Best Step guides you through recommendations so you know what you can be doing to get or stay on a healthy path.

-  **It's rewarding.** You'll earn rewards that you can redeem for gift cards in the Go365 Mall.

Getting to Go365

Select "More Humana" from the top navigation

OR

Click the link in the Go365 box

The screenshot shows the MyHumana website interface. At the top, the navigation bar includes a home icon, dropdown menus for Coverage, Claims, Get Care, MyMeds, and Billing, and a search bar with the text "I want to...". A red box highlights the "More Humana" link in the top navigation, with a red arrow pointing to it from the right. Below the navigation bar, the main content area displays "Tyberious's coverage" for a Medicare HMO plan. It lists Member ID H92532303-00, Group ID 5A855001, Network ARCADIAN HEALTH PLAN, INC., and Start date 01/01/2023. There are buttons for "View plans" and "View ID cards". Below this is a "Plan Highlights" section with three cards: "Copays" (Primary care \$0, Specialist \$30, Emergency room \$120), "Over-the-counter (OTC) allowance" (Humana Spending Account Card \$201.99 remaining, with a progress bar and a note about rollover funds), and "Rides to your doctor" (24 one-way trips per year, 100 miles per trip). At the bottom, there is a banner for "You have refills ready at CenterWell Pharmacy™" with a "Refill 4" button and a "View recent orders" link. Below the banner is a "Go365" rewards section showing "Rewards: \$0" and a "Visit Go365" link, with a red arrow pointing to the Go365 logo. To the right of the Go365 section is a "Medical deductibles & maximums" section showing "You have spent \$30.00 toward your \$4800.00 individual in-network maximum out-of-pocket" with a progress bar.

Homepage

Go365 Humana More sites Español Account

Home Libraries Rewardable activities Go365 Mail Notifications

Good morning, Delaney

Learn how eating right and exercising your brain may help you stay mentally sharp.

Second message.

Read 1 more notification

Watch: What is Go365?

Learn about Go365

Go365 by Humana helps you on your well-being Journey by giving you tools to learn new skills and grow healthy habits.

Watch video Close

\$0 in rewards Complete activities to earn rewards View all rewardable activities →

What's most important to you?

I want to work on... Choose your focus

Your next best step

Check out our healthy recipe guide

Take the next step on your healthy eating Journey with quick, nutritious recipes, main courses, desserts and more.

View cookbook → I've already done this

Personalize your experience.

What's most important to you?

I want to work on...

Select the one thing that's most important to you right now. You can change it at any time.

Healthier living Managing a condition Blood pressure Med reliance

Managing addiction Managing money Weight management Eating healthier

Exercise Reducing stress Being social Maintaining memory

Better sleep Purposeful living None of these for now

Save

Homepage continued on next page

Homepage – cont.

View active days

Your active days

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

4 of 12 days logged
Get at least 5,000 steps a day or track a workout (walking, biking, etc.) for 12 days this month.

Your trackers
2,563 steps taken
Last synced on 8/16/2020

See rewards earned

Preventive care
Earned \$125 in rewards
Go to Preventive care →

Exercise & Fitness
Earned \$15 in rewards
Go to Exercise & Fitness →

Connect & Learn
Earn \$10 in rewards
Go to Connect & Learn →

Access helpful resources

Areas of Focus: Find activities and resources that align with your goals. View details →

Fitness Library: Learn and perform new exercises that suit your lifestyle. View details →

Brainteaser games: Keep your mind active with fun games and exercises. View details →

Find activity ideas

More activities you might like

Annual wellness visit
Make sure your health is where you want it and establish a preventive wellness plan. View details →

Virtual Neighborhood Centers
Join us for online health and wellness events! Browse all upcoming live events in one place. Start browsing →

How the body works
Learn more about the systems of the body, how they all work together and how to take better care if it. Get started →

Reward amounts are for demonstration only and may not reflect current or future reward amounts.



All rewardable activities

View all activities you're eligible for this program year. Please note: rewards have no cash value and can only be redeemed for gift cards in the Go365 Mall. Rewards must be earned and redeemed within the same plan year.

Rewardable activities

Select each category to learn more about rewardable activities, completed activities and rewards earned

\$50 in rewards Keep going, Delaney! [← Go back Home](#)

Need assistance with Go365?

- [Start with frequently asked questions](#)
- [Get answers in the Go365 Community](#)
- [Find additional ways to contact us](#)

Preventive care 2/7

Activities and possible rewards available this program year:

- Annual wellness visit **\$40**
Completed 06/03
- Bone density **\$20**
- Breast cancer screening **\$25**
- Colorectal cancer screening **\$30**
- Diabetic bundle (4 screenings) **\$40**
- Flu vaccine **\$5**
Completed 04/19
- Medication usage survey **\$10**

Exercise & fitness 0/2

You can only submit activities within the last 90 days.

Complete two activities for a total of \$10 in rewards.

- Complete your first workout **\$5**
- Connect your activity tracker **\$5**
- Personalize your fitness journey **\$5**

Connect & learn 1/2

You can only submit activities within the last 90 days.

Complete two activities for a total of \$10 in rewards.

- Enrollment & onboarding **\$5**
Completed 06/03
- Submit a health or social activity **\$5**
- Get mental health support now **\$5**
- Update your communication preferences **\$5**

[View this page as a PDF](#)

Preventive care

- View preventive rewards earned
- View rewardable preventive activities
- View completed preventive activities

Exercise & fitness

- Log active days on the Workout Calendar
- View connected device information
- Log a workout in the workout calendar

Connect & learn

















- View past activities
- View rewards to date
- Submit an activity to earn rewards

Members have 90 days from activity date to submit for rewards. Reward amounts are for demonstration only and may not reflect current or future reward amounts. Reward amounts and activities shown in this presentation are for demonstration purposes only and are subject to change.

\$55 in rewards Keep going, Delaney! Order History Cart

Gift cards e-Gift cards

Sort by Newest

 Albertsons Gift Card Starting at \$5 View gift card	 Albertsons Gift Card Starting at \$5 View gift card	 BEST BUY Starting at \$5 View gift card	 gift card Starting at \$5 View gift card
 Albertsons Gift Card Starting at \$5 View gift card	 Albertsons Gift Card Starting at \$5 View gift card	 Albertsons Gift Card Starting at \$5 View gift card	 Albertsons Gift Card Starting at \$5 View gift card
 Albertsons Gift Card Starting at \$5 View gift card	 IHOP Starting at \$5 View gift card	 Albertsons Gift Card Starting at \$5 View gift card	 LOWE'S Starting at \$5 View gift card
 Albertsons Gift Card Starting at \$5 View gift card	 Albertsons Gift Card Starting at \$5 View gift card	 petco Starting at \$5 View gift card	 PETSMART Starting at \$5 View gift card

Viewing 16 of 25 [Show more](#)

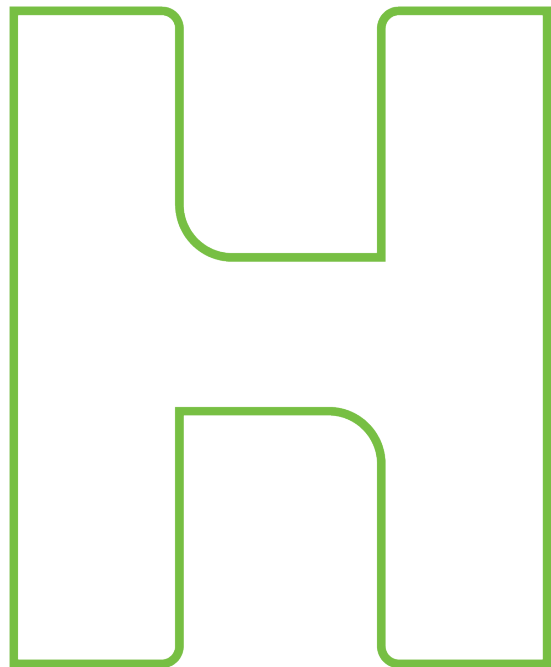
How to redeem rewards

Go365 remains committed to providing rewards from retailers that can help you in your daily life, including grocery stores, home maintenance and transportation.

To redeem rewards for gift cards:

1. Online: Sign in at go365.com
OR
2. Phone: Call **866-677-0999**

Members have 90 days from activity date to submit for rewards. Reward amounts are for demonstration only and may not reflect current or future reward amounts. Reward amounts and activities shown in this presentation are for demonstration purposes only and are subject to change.



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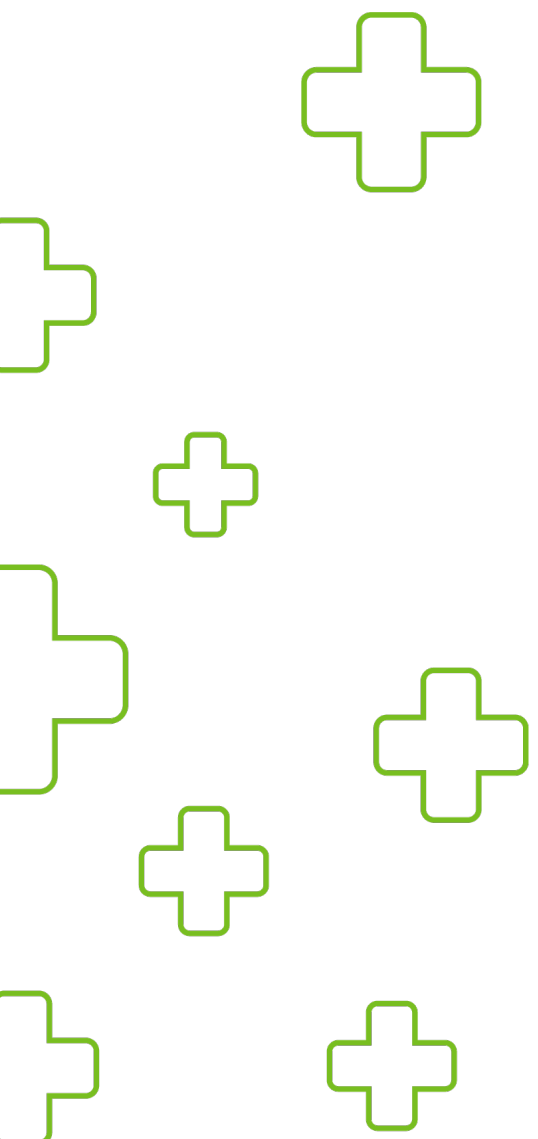
Thanks for your time and attention, stay connected with Humana

For more information:

Call Humana Group Medicare Customer Care team for anything related to your Humana plan at **866-307-2494 (TTY: 711)**,
Monday – Friday, 8 a.m. – 9 p.m., Eastern time.

Visit us online at your.humana.com/trsky

Humana®



Humana is a Medicare Advantage PPO organization with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. Call **866-307-2494 (TTY: 711)** for more information.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services is for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

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Humana®